

Institute of World Culture  
**Biography**

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**Speaker: Robert I. Reynolds, Ph.D, N.D.**

Robert Reynolds escaped the local public schools by playing chess internationally and entering the College of Creative Studies at UCSB. He went on to earn a Ph. D. in cognitive psychology from Rutgers University.

For 18 years he conducted research in university and hospital settings and published in numerous peer-reviewed journals. His areas of research have included creativity, expertise, neuropsychology, perception, and history of science. In 1996, Dr. Reynolds earned a doctorate in naturopathic medicine from Southwest College of Naturopathic Medicine, which was followed by a residency in traditional Ayurvedic Medicine. He is dedicated to integrating Western and Eastern medical knowledge and empowering people to choose the complement of therapies most consistent with personal philosophy and life situation.

Dr. Reynolds is an instructor in Health Sciences at Santa Barbara City College and Santa Barbara College of Oriental Medicine, and serves as research consultant to non-profit groups dedicated to promoting integrative medicine.

Dr. Reynold's book, *The Will to Health: Inertia, Change and Choice*, discusses, within the context of evidence-based medicine, the role that personal choice plays in creating health and disease. His latest book, *Naturopathic Psychiatry* has the intention of creating a true clinical body-mind medicine.

The play *Illuminations* is based upon Reynold's historical research, and inspired by his first-hand experience with Sufism in Shiraz and New York City.

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**Concord House**

1407 Chapala Street, Santa Barbara, CA 93101  
(805) 966-3961